

Throughout the week of May 11-17, 2008, the following activities will be held in conjunction with

Gov. John Hoeven's WOMEN'S HEALTH WEEK PROCLAMATION for the entire State of North Dakota.

Monday	Noon	Yoga	Healing Room
	4pm	Walking Club	Meet at Gym
Tuesday	Noon	Rez Robics	Healing Room
	4pm	Walking Club	Meet at Gym
	7pm	Native Women's Group	Wellness Conference Room
Wednesday	Noon	Yoga	Healing Room
	4pm	Walking Club	Meet at Gym
Thursday	Noon	Rez Robics	Healing Room
	4pm	Woman Challenge-Fun Walk/Run T-Shirts	Meet at Gym
Friday	8am-noon	Glucose/Cholestrol screening	Student Health Center
	8am-noon	Healthy Eating Tips SuAnn Schimtz, Land Grant	Student Health Center
	Noon	Pilates	Healing Room
	4pm	Walking Club	Meet at Gym

Make sure you log on to the Woman Challenge at www.womenshealth.gov/woman.

Our team name is UTTC-Women's Wellness!